**Michael Kumar Football Camp**

The camp focuses on total player development. Instruction will cover the fundamentals of football (footwork, blocking, routes and catching). Additional focus on learning Coach Kumar’s Offense and Defensive scheme. Players will have the opportunity to showcase their new skills while playing scrimmage flag football games.

**When:** July 24th- 27th

**Where:** Deerlake Top Field

**Time:** 9am-12pm

**Cost:** $125 per camper (includes camp shirt)

*Make check payable to Michael Kumar Camps or Venmo @mikekumar28 (please put player name and shirt size in memo line)*

**Wear cleats and/or tennis shoes, athletic clothing and bring a water bottle.**

**Spots are limited. Please fill out the attached form with payment and return to Coach Kumar ASAP.**

If you have any questions, please email Michael Kumar at Mikekumar28@yahoo.com

**Michael Kumar Football Camp**

Players Name (First, Last): \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Upcoming Grade Level: \_\_\_\_\_\_\_\_

T-Shirt Size (circle one): YL Small Medium Large X-Large

Parent Name(s): \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_   
Parent Phone Number: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  
Parent Email:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Payment Method (please circle): Check Cash Venmo

\*\*\*\* If Venmo please write players name and shirt size in the memo line and bring form too the camp.

Parental Waiver: I do hereby release any and all personnel relating to Leon County Schools & Michael Kumar Camps from any liability and/or damages as a result of participation in this camp. I also waive all rights of entitlement concerning such loss. Michael Kumar Camps and its coaches are not responsible for any lost, damaged, or stolen personal items.

If you suspect that an athlete has a concussion, remove them from play and seek medical attention. Do not try to judge the severity of the injury yourself. Keep the athlete out of play until a medical professional says they are symptom free and are OK to return to play. Rest is the key to help an athlete recover. Exercising or activities that involve a lot of concentration (studying, computers, video games) may cause concussion symptoms to reappear or worsen. After a concussion, returning to sports and school is a gradual process that should be carefully managed and monitored by a health care professional. I(we), hereby acknowledge having received education about the risks of sport related concussion as provided in the information above. I also acknowledge my responsibility to report to my coaches, parent(s) / guardian(s) any signs or symptoms of a concussion.

Parent Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_